

Regal – Valley Chapel – Rockford Ride

Distance: 42 miles

Terrain: Moderately strenuous and hilly

Start: Albertsons at Regal Plaza, Regal and 57th Ave

Route:

- Ride S on Regal
- L on 65th
- · R on Waneta Rd
- R on Palouse Hwy, riding south
- R on S Valley Chapel Rd –One long climb in approximately 5 miles and name or 4oad changes to E Valley Chapel Rd
- Continue on E Valley Chapel Rd to Rockford (turn left on SR 27 and immediately R into Rockford)
- From Rockford, proceed R (north) on SR 27
- · Lon Palouse Hwy
- L on Wayneta Rd and return to start, or continue up Palouse Hwy to top of hill and turn L on top end of Waneta Rd, and R on 65th to start.