

## **MONDAY MORNING Paved Trail Recurring Rides**

Start time: May 1<sup>st</sup> – 10:00 AM **Note: May 9<sup>th</sup> – June 27<sup>th</sup> - 9:00 AM**

Meet: Centennial Trail - East Maringo Drive Trailhead

Description: Centennial Trail from East Maringo Drive Trailhead to Harvard Road Trailhead, 19 miles round trip.

Pace: 10-12 mph mostly flat.

Distance: 19 miles

Directions to Trail Head: north on Argonne from I-90, turn right on E. Maringo Drive, the first street after crossing the Spokane River; or, from the intersection of N. Argonne Rd. and E. Upriver Drive, go east on Upriver for .4 mile to Farr Road. Go south on Farr to Maringo, left on Maringo, 1 block to the trailhead.

Eat: This is a calorie free ride.

Leaders: Elaine Mayes 995.8982 or 922.1033. Rain cancels. If in question, call ride leader.