

MONDAY MORNING Traditional Recurring Rides

Start: 9:00 am, May 1st through June 26th

Meet: Little Garden Cafe 2901 W Northwest Blvd

Pace: 12-14 mph

Distance: 26 miles

Terrain: Mostly inside Riverside Park and along the Centennial Trail following the Spokane River. Some hills.

Regroup: when necessary

Route: LGC to 9 Mile Dam via Aubrey White Parkway, Centennial Trail, adding 2 mile extension of Centennial Trail to Long Lake

Eat: Tin Cup Café on Charles Rd near Sontag Park

Map/cue sheet: no

Cancellation: Ride goes rain or shine, except for lightning or ice

Leaders: Bill Mullins 509-325-1692 and Don Barden 206-450-3576