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**Our Club's First Mt. Bike Ride**



**Monday Morning Traditional ride having lunch at the Tin Cup**

**MAY IS BIKE EVERYWHERE MONTH**  
**Grab Some Friends and Join the Rides**  
**Check out 2017 Events at [SpokaneBikes.org](http://SpokaneBikes.org)**

May - June Newsletter 2017

<b>2017 Board of Officers</b>	
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Position 2	Margaret Watson 509-624-3793
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Thursday AM	Amina Giles 467-1980
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Saturday Steady to Brisk	Sally Phillips 448-6271
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Saturday Steady and Leisurely	Mary and T.J. Badger 467-8099
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Pick Up Rides	Cyrus McLean 509-838-0649

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* "AT" replaces @ so that the emails cannot be scammed. To use, copy and paste then replace the "AT" with "@".	

**Board Meetings**

First Tuesday of every even month

Location: REI, 1125 N Monroe St, Spokane, WA 99201 (509) 328-9900

**General Meetings:**

6:30 PM (unless otherwise noted), Second Monday of Every Month (except June, July and August)

Mountain Gear Headquarters  
6021 E. Mansfield, Spokane, WA

Click [HERE](#) for map

## Letter from the President



Although reading about the “History” of anything can be a boring subject, creating yawns for many, I am among those who find some interest in knowing about people and events that went before me.

For those members interested, the rich riding history of the Spokane Bicycle Club has been well documented in its newsletters over the years. This history can now be accessed by anyone attending the monthly SBC meetings.

I took on the project, along with a 10-year-old neighbor boy who thought making \$5 an hour was pretty cool for just punching holes, of categorizing, compiling, and putting the SBC newsletter history into three binders. Binder one covers the years the present back to 2004, binder two covers the years 2003 to 1994, and binder three covers 1993 to 1979.

The very beginning of the club goes beyond 1979. In the July/August (1991) newsletter, Julie Ross compiled the early history of the club. She credited present member, Alice Hostetter, for starting the club in 1973 shortly after she moved to Spokane from Sacramento, where she had been a member of a bike club. The Spokane Valley Bicycle Club started with a core of four lady riders including present member, Jan Whaley, cycling on Tuesday mornings about 4 miles, Ms. Ross stated.

By 1976, the club had grown to 25 members, both men and women. Other cyclists from other areas other had joined and in 1978, the Spokane Valley Bicycle Club was renamed the Spokane Bicycle Club.

Ms. Ross emphasized that in the early years, bicycle racing was an important component of the club. A full schedule of racing events was offered, including time trials and the Club’s first USCF-sanctioned event.

Through early 1980s, the regular weekly rides continued, along with a busy racing schedule, according to Ms. Ross. The last half of the 1980s saw SBC move back to club activities that emphasized recreational riding.

Some of our present SBC leaders have been active a long, long time, according to present member and historian when asked, Margaret Watson. She has been with the club 31 years and was President in 1988 and 1989. In the November/December, 1998, newsletter, a large headline read, “ALSO, A GREAT BIG THANK YOU TO MARGARET WATSON FOR THE MANY LONG HOURS OF HARD WORK SHE HAS DEVOTED TO OUR CLUB THIS YEAR”.

## May - June Newsletter 2017

Her list of present members (former SBC officers, board members, ride leaders, etc.) who also gave “many long hours of hard work,” with more than 30 years in the club, besides Alice Hostetter and Jan Whaley already mentioned, included: Steve Sauser, Paul Fish, Chuck and Barbara Hinzman, Ann Johnson, David Adams, Karen Carlberg, Michael Conley, Eileen Hyatt, Paul Eichin, Blair and Susan Strong, Ian and Betty Ledlin, and Sally Phillips.

In the 25-Year History of the Club, celebrated in the May-June, 1998, newsletter, the Quarter Century Outstanding Volunteer, Female, Award went to Sally Phillips (present Treasurer and Saturday Steady to Brisk Leader). The Outstanding Volunteer, Male, Award went to current member, Ian Ledlin.

The 25-Year Outstanding Community Service Award Community Service, Bicycle Safety and Education, went to the nationally recognized bicycle educator, Eileen Hyatt. Outstanding Leadership Awards went to many present members including Steve Sauser, Betty Ledlin, Ann Johnson, Paul Eichin, and Barbara Hintzman.

Other long-term present SBC members/leaders include Julie Irwin, Marie Johnson, Sharlene Lundal, Cyrus McLean, Mary Naber, Jane Schelly, Leslie Rahn, Rick Sauvin, Robin Redman, Judy Waring, Jon Rascoff and Sue Whitney.

For those long-time present SBC members who may have been inadvertently missed from this list, we apologize.

Gratitude and thanks goes out to all those faithful who have built the club into what it is today.

**Scott Schell**

## Volunteer Opportunities

### May Bike Everywhere Month

The Club is sponsoring this event and it would be great to have volunteers helping with:

- 5/1 pancake breakfast setup/teardown
- 11 'Special' noontime, evening and Sunday afternoon rides we have planned. We may have folks show up who are not accustomed to riding in a group. Help would be with sweeping, crowd control, maybe helping with a flat tire.
- 5/16, 7-9 AM Energizer stations - Want to host one?

It would also be **great** to have SBC'ers attend Bike Everywhere events. Read more about it under Government Affairs.

Contact Sally, 448-6271 or [phillips1948@comcast.net](mailto:phillips1948@comcast.net), to volunteer or for more information.

### Bloomsday Bike Corral

- Sunday **May 7<sup>th</sup>**
- Located in Riverfront Park
- Two Shifts:
  - 7:00 - 10:30 AM - Takes bikes in
  - 10:30 - 2:00 PM - Distributes bikes back to owners

It's a fun activity and cyclists are grateful for the service.

### Annual Reardan-Edwall School District Bike Maintenance Day

Volunteers from SBC are being sought to tune-up and repair bikes used in Reardan's Bike and Pedestrian Safety Education Program on **May 8** at the Mosaic Community Shop.

SBC partners with Casey Dorrel, Reardan High School's PE/History Instructor, to help coordinate the annual repair day with Jason Spade and Doug Porter of the Mosaic Community Bike Shop. They seek volunteers from SBC and local bike shops for the effort that begins at 10 a.m. at 611 W. 2<sup>nd</sup>.

Tune-up work is done on approximately 30 bikes used by dozen of middle school students who learn bike-handling skills and traffic rules. These bikes help teach the next generation how to be safe, learn a lifelong skill, and have more transportation independence.

Willing volunteers can email Scott Schell, SBC President, at [cshellws@comcast.net](mailto:cshellws@comcast.net).

## Steven's Elementary Seeking Volunteers for Bike to School Day



Steven's Elementary, within Spokane Public Schools, is partnering with Safe Routes Spokane to do a Bike/Walk to School Day celebration on Wednesday, **May 10<sup>th</sup>**.

They seek volunteers willing to provide students with bike tune-ups. Interested volunteers are encouraged to contact Mariah McKay, Active Living Coordinator, Healthy Communities, [mmckay@srhd.org](mailto:mmckay@srhd.org) or 509-324-1537.

## Vet Center Seeks Volunteer Riders to Assist on Veteran Bike Rides

Lynn Holbert, Office Manager/Intake Coordinator from the Spokane Veteran Center, is seeking SBC volunteers to help lead veterans on bike rides out the Centennial Trail on a few Saturdays this summer.

Gerry Bergstrom, SBC Vice President, is coordinating this volunteer effort with Lynn. If interested, contact Gerry at [Moongazer82849@gmail.com](mailto:Moongazer82849@gmail.com). Willing volunteers can also contact Lynn directly at the Spokane Vet Center at (509) 893-4746.

## Spokane Bicycle Club Offers Mt. Biking Rides

We had our first two mountain bike rides in April at Riverside State Park. We were lucky to have good weather for both rides.

Our first ride had seven riders from the bike club pictured on front: Rhonda Dundon, Barbara Kehr, Dave Braun, Barbara Beaton, John Beaton, Steve Lewis and Gary Kehr (who took the picture of the rest of us). We took a leisurely 9 mile ride around the park, providing a few alternate routes for those more experienced riders. It was a great group and we had a lot of fun.



We also had seven riders for the second ride where we did a different section of the park and went a little over 11 miles and took in a few more rocky trails and hills.

Sunday afternoons seems to be a good time and we will continue with Sunday afternoons at 2:30 – Riverside State Park for the month of June. For May (for Bike Everywhere Month) we will do a few Mt. Bike rides on Wednesday nights.

I know there are quite a few experienced Mt. Bike Riders in the club and I am hoping that you will come out and join us and perhaps volunteer to lead some more advanced rides in the future.

Following are a few beginner tips I received from an experienced Mt. Biking leader:

- Wear comfortable clothing – padded pants and gloves are helpful – a helmet is a must.
- Carry a bag with some water and snacks to keep you hydrated and your energy levels up
- If we ride something you are uncomfortable with, just walk through it.
- Don't follow too closely; especially up hills (because if the person in front of you doesn't make it up; neither will you).
- If you are coming downhill, don't stop right at the bottom of the hill--give the other riders who are still on their way down plenty of room. It creates a dangerous situation if someone coming downhill has to brake too fast or turn too fast if there are riders in the way at the bottom.
- Looking ahead is key! Make sure you focus further down the trail and not just on your front wheel. That way you'll see obstacles, climbs and descents coming, and you'll have time to get ready for them.
- Climbing -Look ahead, anticipate the incline and drop into an easy gear in advance. It's best to sit and spin at a steady pace in an easy gear up hills.
- At a turning point/intersection with more than one choice, if you are not the last rider—make sure they are behind you so we don't lose anyone.
- **.Most importantly, HAVE FUN!**

Hope to see you out there in the future! – Barbara Beaton

## BIKE TOURS

### British Columbia is a Beautiful Place to Ride

A SBC Touring Committee has been designing a potential “loop” tour leaving from Nelson, B.C. (pictured above) and tentatively scheduled for July 17 to 23. The committee needs to hear from those interested in this tour before proceeding to the next step of commitment.



The committee is proposing the following schedule for this SAG supported tour: Day One, Monday, July 17: Travel to and explore Nelson (approximately 150 miles). Day Two, Tuesday, July 18: Bike from Nelson to Kaslo on Kootenay Lake (approximately 43 miles). Day Three, Wednesday, July 19: Bike from Kaslo to New Denver on Slocan Lake (approximately 29 miles). Day Four, Thursday, July 20: Bike from New Denver to Winlaw (approximately 32 miles). Day Five, Friday, July 21: Bike back to Nelson. Day Six (optional), Saturday, July 22, drive to and explore Cranbrook (144 miles) and ride a paved section of Canada’s “Great Trail.” It is an 18-mile paved section so riders can choose how many miles they want to ride. Day Seven, Sunday, July 23, return to Spokane (approximately 188 miles).

Similar to last summer’s Oregon Coast Ride, we are trying to accommodate both campers and motel riders. It is designed for “moderate level” riders. Approximate cost of the tour is \$200 (covers SAG trailer, SAG volunteer accommodations, SAG vehicle gas and related). It is the same cost regardless of whether you choose the optional days or not.

Of course, there will be a list of activities to engage in when not riding, like soaking in the Ainsworth Hot Springs, exploring the Kokanee Glacier, swimming in Kootenay and Slocan Lakes, etc.

Our route is a copy, albeit with less miles per day, of the annual PAGE (Pedal Around a Glacier) ride scheduled for June 3 and 4 in Nelson.

Let Scott know if you are interested ([cshellws@comcast.net](mailto:cshellws@comcast.net)) or (509-954-6788). A cap of 15 riders is being considered.




## PICK UP RIDES

Club members who wish to lead a “pick up ride” should contact Cyrus McLean via email at [cyrusmcl@yahoo.com](mailto:cyrusmcl@yahoo.com) Provide him with the date of the proposed ride and a ride description. Cyrus will email “pick up riders” alerting them of the ride.

If you are not on the “pick up” list and wish to be added, email Cyrus with your name and email address. You will then be alerted when “pick up rides” are announced.

If you have any questions about this, contact Cyrus.

Reminders: The start time is the departure time, not the arrival time.

Note: The icon, , is added if there are two possible rides in one listing.

## MONDAY MORNING Traditional Recurring Rides

Start: 9:00 am, May 1st through June 26th

Meet: Little Garden Cafe 2901 W Northwest Blvd

Pace: 12-14 mph

Distance: 26 miles

Terrain: Mostly inside Riverside Park and along the Centennial Trail following the Spokane River. Some hills.

Regroup: when necessary

Route: LGC to 9 Mile Dam via Aubrey White Parkway, Centennial Trail, adding 2 mile extension of Centennial Trail to Long Lake

Eat: Tin Cup Café on Charles Rd near Sontag Park

Map/cue sheet: no

Cancellation: Ride goes rain or shine, except for lightning or ice

Leaders: Bill Mullins 509-325-1692 and Don Barden 206-450-3576

## MONDAY MORNING Paved Trail Recurring Rides

Start time: May 1<sup>st</sup> – 10:00 AM **Note: May 9<sup>th</sup> – June 27<sup>th</sup> - 9:00 AM**

Meet: Centennial Trail - East Maringo Drive Trailhead

Description: Centennial Trail from East Maringo Drive Trailhead to Harvard Road Trailhead, 19 miles round trip.

Pace: 10-12 mph mostly flat.

Distance: 19 miles

Directions to Trial Head: north on Argonne from I-90, turn right on E. Maringo Drive, the first street after crossing the Spokane River; or, from the intersection of N. Argonne Rd. and E. Upriver Drive, go east on Upriver for .4 mile to Farr Road. Go south on Farr to Maringo, left on Maringo, 1 block to the trailhead.

Eat: This is a calorie free ride.

Leaders: Elaine Mayes 995.8982 or 922.1033. Rain cancels. If in question, call ride leader.

## SCENIC TUESDAY Ride Schedule

Call the leader in case of questionable weather. Scenic Riders also has occasional Thursday rides. If interested, call Jan Whaley—509.448.5645 or Sharon Morrison—509.710.5650.

**Reminder: the START time is the DEPARTURE time.**

**May 2 Valley Ramble** Start: 9:00 am Meet: Felt's Field by Skyway Café. Pace: Leisurely 10-12 mph. Distance: 15-18 mi. Terrain: mostly flat with a few gentle hills. Regroup often. Route: We will be riding on many of the valley's bike lanes. Eat: Skyway Café. Leader: Margaret Watson Phone: 509.279.9773 (c) or 509.624.3793 (h)

**May 9 Upriver Drive** Start: 9:00 am Meet: Marriott's on Division north of Perkins. Pace: Leisurely 10-12 mph. Distance: 15 to 20 mi. Terrain: mostly flat with a few gentle hills. Regroup often. Route: Ride east on Centennial Trail over Hamilton Bridge, taking Upriver Drive to Argonne Library & back. Eat: Perkins. Leader: Nancy Tressler Phone: 509.688.7506

**May 16 Audubon Park** Start: 9:00 am Meet: Audubon Park off of Northwest Blvd. Pace: Leisurely 10-12 mph Distance: 18-20 mi. Terrain: a few hills & one major hill by Downriver Golf Course Regroup often. Route: Ride along river to 7-Mile. Eat: Rancho Chico Leader: Marie Johnson Phone: 509.467.0369 (h) or 509.953.8086 (c)

**May 23 Harvard & West** Start: 9:00 am Meet: Harvard Rd. Trailhead in Liberty Lake. Pace: Leisurely 10-12 mph. Distance: 18-20 mi. Terrain: mostly flat, one hill near Barker Rd. Regroup often. Route: From Harvard Trailhead, ride west 9 or 10 mi. & then return. Eat: Otis Grill Leader: Jackie McNeel Phone: 509.939.2661

**May 30 Spokane Valley Centennial Ride** Start: 9:00 am Meet: Parking lot next to Krispy Kreme Doughnuts at the Valley Mall. Pace: Leisurely 10-12 mph. Distance: 20 mi. Terrain: flat, paved surface. Regroup often. Route: Ride 10 mi east to the first outhouse in Idaho & back. Eat: Panera Bread Co. Leader: Hershel Zellman 509.993.4274

**June 6 Maringo to Harvard** Start: 9:00 am Meet: Maringo Trailhead southeast of Argonne & Upriver Dr. Pace: Leisurely 10-12 mph. Distance: approximately 20 mi. Terrain: a few short hills. Regroup often. Route: an easy spring ride on the Centennial Trail east to Harvard & back Eat: Caruso's Leader: Jerry Etchison Phone: 509.599.5398

**June 13 East and West on the South Hill--Ride and Potluck** Start: 9:00 am Meet: Fred's house, 4128 S. Hatch Street. Park on Hatch & 42<sup>nd</sup> going east. Pace: 10-12 mph. Distance: 18-20 mi. Terrain: some hills. Regroup often. Route: We'll minimize hills by riding west & then pretty far east. Eat: Potluck at Fred's rebuilt house. (two thirds of Fred's & Lucy's house was wrecked in the 2015 windstorm.) **Bring something to eat**; we'll party & potluck on return. Leader: Fred Strange Phone: 509.995.8192

**June 20 Hauser Lake Loop – Newman Lake Vistas** Start: 9:30 am **Note**: This is a later start time because of the longer distance to the meeting place. Meet: Rainbow Resort Restaurant. Park vehicles away from the restaurant. Directions to start: from Trent, which becomes WA Hwy 290 & then ID Hwy 53, go 1.8 mi. east from the state line. (Also 0.3 mi. from Curley's Restaurant. If you reach Pleasant View Road, you've gone too far; turn around & go back 0.25 mi.) Turn north onto

Hauser Lake Rd. Also at this junction there are “Embers” or “Mattheus Lumber” signs. Go 1.1 mi. Turn right at the Cliff House Rd. junction & go 0.8 mi. Pace: Leisurely 10-12 mph. Distance: 19.4 mi. Terrain: some hills. Regroup often. Route: Newman Lake Arm, Honeymoon Bay, E. Newman Lake Drive Boat Launch, Hauser Lake. Scenic views of 2 lakes. Eat: Rainbow Resort. If rain, eat first, then ride. Leaders: Mary & T.J. Badger Phone: 509.467.8099

**June 27 CDA East Side, West Side** Start: 9:00 am Meet: behind Michael D's (223 Coeur d'Alene Lake Dr. Coeur d'Alene, ID) Directions: If you are coming from Spokane, take I-90 east. Take exit 15 – Sherman St. Attention: don't take 15th St exit. Drive through the traffic light on Sherman St. You will see Michael D's on the right. Park on the street behind Michael D's. Pace: Leisurely 10-12 mph Distance: 20 mi. Terrain: mostly flat. Regroup often. Route: Ride from Michael D's on Centennial Trail through town & then Prairie Trail to Big Sky Loop & back. Eat: Michael D's. Leader: JoAnn Schaller Phone: 208.818.9378

## TEAM TUESDAY Ride Schedule

**May 2 Spangle-Waverly-Rosalia** Start: 9 am Meet: Harvester Restaurant in Spangle Pace: 12-14 mph Distance: 40+ Terrain: rolling\_hills Regroup: as needed, no one left behind Route: Spangle-Waverly-Rosalia-Plaza-to Spangle Eat: Harvester in Spangle after ride Map/cue sheet: provided Weather cancellation: rain cancels-call leader if in doubt Leader: Gerry Bergstrom Phone: 995-8118

**May 9 Sontag Park - Four Mounds Prairie** Start: 9:00 am Meet: Sontag Park, just off Hwy 291 on Charles Rd Pace: 12-14 Distance: 31 miles Terrain: 2-miles on highway, then long slow climb along forested valley following Coulee Creek up to prairie, pastures, small farms, and pine trees, ending with fast downhill to start Regroup: at turns and when necessary - no one left behind Route: Sontag Park, Hwy 291, rt on Seven Mile Road then climb up Coulee Hite Rd, rt on Woods Rd, rt on Charles Rd, steep 2-mile downhill back to Sontag Park Eat: Tin Cup on Charles Rd Map/cue sheet: provided Weather cancellation: heavy rain, strong wind cancels. Call leader if in doubt. Leader: Barb Kehr Phone: 509-290-1967

**May 16 Spangle/Waverly** Start: 9:00 am Meet: Harvester Restaurant in Spangle off Hwy #195 on Main Street, Pace: 12-14 mph Distance: 32 miles Terrain: Palouse hills. Route: Old Hwy 195, East Spangle/Waverly Rd., Prairie View, Old Hwy 195 back to Spangle Regroup: in Waverly and Prairie View and Old State Rt. 195. Eat: Harvester Restaurant after the ride Map and Cue Sheet: provided Cancellation: rain cancels. Call ride leader if in doubt. Leader: Garry Kehr Phone: 509-990-1474

### May 23 No ride scheduled

**May 30 FLT - Cheney - Betz - Melville - Hayford loop.** Start: 9:00 am Meet: Milton St. FLTrlhd. Pace: 12 - 14. Distance: 34 miles. Terrain: rolling hills Route: FLT - Cheney – Betz – Melville – Hayford – Westbow – Thorpe – Abbott-Grandview – FLT Regroup: Scribner – Columbia Plateau trailhead, Cheney, Four Lakes, Westbow and Spotted Rd. Eat: Mason Jar Map and Cue sheet: provided. Cancellation: rain cancels. Call ride leader if in doubt. Leader: Garry Kehr Phone: 509-990-1474.

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**June 6 South Hill Training Ride** Start: 9 am Meet: Huckleberry's Natural Market, 926 S Monroe St, Spokane: Pace: 12-14 mph Distance: ~ 22-25 Terrain: hilly - South Hill streets, touch of the Palouse, Hangman Valley Regroup: where necessary, no one left behind Route: Huckleberry's-Madison-29<sup>th</sup>-High Drive-43<sup>rd</sup>-Scott/Hatch-57<sup>th</sup>-Helena-63<sup>rd</sup>-Regal Rd-Palouse Hwy-Windmill-Willow Springs-Baltimore-Hangman Valley Rd-Hatch-195-Inland Empire Way-7<sup>th</sup>-Huckleberry's Eat: Huckleberry's after the ride Map/cue sheet: provided Cancellation: rain, lightning, strong wind cancels Leader: Barb Kehr Phone: 509-290-1967

**June 13 FLT to Medical Lake via Cheney & Veterans Memorial Cemetery** Start: 9 am Meet: FLT parking lot on Milton St. off Government Way Pace: 12-14 mph Distance: 50+ miles Terrain: rolling hills Regroup: as needed, no-drop ride Route: FLT to Cheney to Medical Lake to Vet Cemetery to Four Lakes and back to FLT Eat: Yokes cafe in Medical Lake half way through the ride. Please bring plenty of water and snacks. Map/cue sheet: provided Cancellation: rain or lightening cancels Leader: Gerry Bergstrom Phone: 509-995-8118

**June 20th: Green Bluff-area Ramble:** Start: 9 a.m. Meet: Jane Schelly's: 8006 E. Columbia Dr. off Argonne Rd. Pace: 12-14 mph Distance: 35 miles – Terrain: Hilly Regroup: occasionally Route: Burn Hill Loop and variation - ride north just west of Green Bluff Map/cue sheet: "No, but will make sure we're all together." Cancellation: rain cancels Eat: no food stops, bring pocket snacks Leader: Jane Schelly Phone: 389-0484 **Arrive at 8:15 am if you'd like coffee and a treat, RSVP 389-0484.**

**June 27 Northside Ride: "Lions and Tigers and Maybe the Bears"** Start: 9 am Meet: Safeway on Newport Hwy Pace: 12-14 mph Distance: 45-50 miles Terrain: a few long gradual hills Route: Safeway on Newport Hwy - to Morgan Acres where we will stop and see the lions and tigers and maybe the bears, then on to Morgan Acres to Green Bluff to Big Meadows. Return through the "Secret Valley": Eat: food stop in Greenbluff at the Harvest House Cancellation: heavy rain cancels Leader: Amina Giles: Cell: 509-844-4209

**July 4 no ride scheduled**

## THURSDAY MORNING Ride Schedule

**May 4 Centennial Trail to State Line** Start: 10:00 Meet: Rotary Fountain in Riverfront Park Pace: 12-14 Distance: 45ish miles Route: Centennial Trail to State Line and back. People can go as far as they want and then turn around. Regroup: various times Eat: bring snacks and water, may eat out at end -TBD Cancellation: Rain cancels Leader: Lila Meglio Cell: 509-378-8665

**May 11 Saltese Lake Loop.** Start: 9:00 a.m. Meet: Skyway Café parking lot at Felts Field. Pace: Steady, 12-14 mph Distance: 36 miles. Terrain: mostly flat with some significant hills; Regroup: often. Route: Skyway Café, Park Road, Appleway, Dishman-Mica Rd., east to Sullivan, Saltese, Chapman, Henry, Sprague, Barker, C.T., Pines to cross Trent, west to Felts Field. Eat: Skyway Café at Felts Field at end of ride. Map/cue sheet: available. Cancellation: heavy rain cancels. Leader: Garry Kehr 509-990-1474

**May 18 Mirabeau Pt. - Newman Lake - Hauser Lake** Start: 10:00 Meet: Centennial Trailhead at Mirabeau Point (Pines) Pace: 12-14 Distance: ~50 miles Terrain: Newman Lake is hilly Route: ride around Newman Lake and then Hauser Lake Regroup: at top of hills and turns Eat: bring

water and snacks Cancellation: rain cancels Leader: Amina 509-467-1980 home 509-844-4209 cell

**May 25 Cheney to Williams Lake and Back** Start: 8:30 a.m. Meet: Fish Lake Trailhead at Milton St. Pace: 12 to 14mph on flat Distance: 64 miles, but there are 2 or 3 options for shorter rides - call leader to make arrangements Terrain: mostly flat with some small hills; one long hill out of Williams Lake Eat: Be sure to bring plenty of water and snacks. Will stop at Klinks at Williams Lake for lunch (opens at 11 a.m.) Cancellation: rain cancels – call leader if in doubt Leader: Gerald Bergstrom Cell: 509-995-8118

**June 1 Wandermere to Deer Park and Back** Start: 10:00 Meet: Wandermere Starbucks 12519 N Division St Pace: 12-14 Distance: ~40 miles Terrain: hilly Regroup: at top of hills and at turns Route: Ride to Deer Park and back going up Hazard and climbing Perry to the Little Spokane, up Mill Rd Eat: in Deer Park Cancellation: rain cancels Leader: Amina Phone: home 509 467-1980, cell 509-844-4209

**June 8, 2017, Albertson's - Edgecliff Park - Madison-Palouse Loop**, Start: 9:00 a.m., Meet: Albertson's on E. 57th at Regal, Pace: 12-14 mph on flat terrain, Distance: 27.5 mi., Terrain: 1465 ft of elevation gain, Regroup: often, Route: 57th-Glenrose-Carnahan-16th-Bettman Rd-11th-Park Rd-Edgecliff Park - Appleway-Dishman-Mica-Madison-Palouse-Willow Springs-Palouse-57th-Albertson's Eat: Rancho Viejo 3209 E. 57th across from SCTU, Map/cue sheet: yes Cancellation: Rain and strong wind cancels. Call leader if in doubt. Leader: Garry Kehr Phone: 509-990-1474.

**June 15 Jane's to Green Bluff and Back** Start: 9 a.m. Meet: Jane's house - E. 8006 E. Columbia Dr. in Northwood off of Argonne Pace: Steady 12-14 mph Distance: 33 miles Terrain: hilly Regroup: occasionally Route: Pleasant Prairie towards Forker, north thru Green Bluff, loop back to Jane's Eat: bring snacks, we can stop in Green Bluff for food Cancellation: rain cancels. Leader: Jane Schelly Phone: 389-0484

**June 22 Green Bluff-Harvest House-Chattaroy** Start: 9:00 a.m. Meet: Jane's house at 8006 E. Columbia Dr. in Northwood off Argonne Pace: Steady, 12-14 on the flat Distance: 36 miles Terrain: hilly Regroup: occasionally Route: north to Green Bluff, east at Harvest house, north to Chattaroy recycling station, back skirting the west side of Green Bluff, back on Bruce/Argonne Eat: bring snacks, we can stop at the Chattaroy store on the way back Cancellation: rain cancels Leader: Jane Schelly Phone: 389-0484

**June 29 Green Bluff - Big Meadows -Yale Rd and Back** Start: 9:00 a.m. Meet: Yokes parking lot on North Market and Hwy 206 Pace: 12-14 mph Distance: ~40 miles Terrain: one big climb up to Green Bluff Regroup: where necessary Route: ride to Green Bluff to Big Meadows to Yale Rd and back Eat: stop for coffee and snack at the top of the hill. Also bring snacks and water for along the way. Cancellation: rain cancels. If in doubt, call the leader. Leader: Gerald Bergstrom Cell: 509 995-8118

**July 6 Vet Cemetery Ride** Start: 8:30 a.m. Meet: Milton St. Fish Lake Trailhead Pace: 12-14 mph Distance: 50+miles Terrain: Palouse rollers Regroup: where necessary Route: ride to Cheney to

## May - June Newsletter 2017

Medical Lake to Vet Cemetery - Will stop at cemetery to reflect on the sacrifices our armed forces have made for the cause of freedom. Wear red, white, and blue. Eat: bring snacks and water. Will stop at Yokes in Medical Lake for lunch after visiting the cemetery. Cancellation: rain cancels. Call leader if in doubt. Leader: Gerald Bergstrom Cell: 509-995-8118

## SATURDAY STEADY TO BRISK Ride Schedule

**May 6 Hauser-Newman Lakes** Start: 9:00 AM. Meet: Centennial Trail, Mirabeau trailhead, east end. Pace: 14-15 mph. Mileage: 48. Terrain: rolling hills with sustained climbs. Regroup as needed. Description: CT, East River Road, Starr, ride around Newman and Hauser Lakes, Euclid. Eat: bring pocket snacks. We'll stop at a convenience store along the way. Leader: Sally Phillips, 448-6271.

**May 13 Reardan to Harrington** Start: 9:00 AM. Meet: Reardan City Park. Pace: 14-16. Mileage: 70. Terrain: Rolling hills. Regroup as needed. Description: Reardan to Harrington via Waukon and Edwall, then return via Rocklyn. Eat: Lunch at the Harrington Golf & Country Club. Leader: Ed Lee 710-3875, Sigrid Shearn 235-4993.

**May 20 Coeur d'Alene via Riverview** Start: 9:00 AM Meet: Yokes, corner of Sprague & McDonald (formerly Trading Company). Pace: 12-15 mph. Mileage: 50+/- Terrain: Hilly to moderate roads. Regroup as needed. Description: Ride thru Liberty Lake then over Riverview to CDA and back on the trail and backroads through Post Falls. Eat: in Coeur d'Alene. Leader: Sheila and Frank Ping, 924-1814.

**May 27 Steptoe Butte** Start: 9:30 AM (Note time!!). Meet: Harvester in Spangle. Pace: 14-16. Mileage: 83. Terrain: Rolling hills with one hard mile climb up the Butte. Regroup: at turns. Description: Spangle via Old 195 to Rosalia, scenic backroads to Oaksdale and Steptoe Butte. Eat: Oaksdale (twice). Bring pocket snacks and plenty of water. Map provided. Weather cancellation: nothing short of a tornado. Leader: Sally Phillips. Phone: 448-6271

**June 3 Mtn bike ride to Reardan Mule Days** Start: 9:00 AM Meet: Sandifur Bridge parking lot, Riverside and Clarke. Pace: 10-12. Distance: 54. Terrain: rollers. Regroup as needed. Description: Rollicking, possibly muddy but definitely scenic dirt roads to Reardan to enjoy the community Mule Days celebration. Eat: vendors in the city park. Map: maybe. Bad weather, call leader to confirm. Leader: Charlie Greenwood 624-8617, 280-8135.

**June 10 Two Rivers-Wellpinit** Start: 9:00 AM Meet: Reardan City Park (3 blocks West & 1 block South of Jct Hwys 2 & 231) Note: Carpool option at 8:15 AM from Browne's Addition. Pace: 15-18 mph, but hills will lower average. Mileage: 85-100, depending on optional side loop to Fruitland and Mudgett Lake. Terrain: Hilly; 5-6 climbs, thrilling descents, scenic rivers, lakes. Description: Davenport-2 Rivers-West End-Wellpinit-Little Falls-Spring Canyon loop. Eat: Snacks & water at 4 stops, lunch option possible at 2 Rivers. Leader: Bob Bowley, 534-5501.

**June 17 Spokane Valley to Rockford** Start: 9:00 AM. Meet: University High School, 12420 E 32nd Ave (32nd Ave & Pines Rd) Pace: 14-16 mph. Distance: 35-40 Miles. Terrain: Hilly, and rolling hills. Regroup at major turn. Description: Route: 32nd Ave, Pines Road, Madison Rd,

Thorpe Rd, Dishman- Mica RD to SR 27. Continue on SR27 to Elder Road. Turn east on Elder Road, then turn on Molter Rd and then Stringham Rd to ride downhill into Rockford. Ride back on SR 27 to make left turn on to Palouse Highway. About a mile later turn right on Madison Rd. There will be a downhill to make a left turn on to Dishman Mica Rd. Turn on Thorpe and Madison Rds. again to return to University High School. Eat: Bring snacks. Will stop in Rockford at a convenience store for additional food and water. Heavy rail will cancel. Call ride leader. Leader: Joe Schretenthaler 487-3412 Cell 389-9597.

**June 24 Elder Rd, Rockford Bay** Start: 9:00 AM. Meet: U-High lot @ Pines & 32<sup>nd</sup>. Pace: 14-16 mph. Distance options: 55 to 68. Terrain: rolling with some testy ascents (climb out from beach includes 8-9 'tenths' mile on gravel). Regroup as needed. Description: Dishman-Mica, Hwy#27, Elder east, #95; down to Rockford Bay. Usual scenic beach & Black Rock loop. return via #58/#278 (if weather permits) thru Rockford. Eat: Shooters Grill @ the marina Leader: Bob Bowley 534-5501.

**July 1 Elder Road - Southside Hills** (dirt roads – mtn bike suggested). Start: 9:00 AM Meet: Albertsons, 57<sup>th</sup> & S Regal. Pace: 10-15. Distance:25. Terrain: very hilly. Regroup at turns, as needed. Description: Valley Chapel, Elder Road, Palouse Highway. About 1/3 of ride is on steep dirt rollers. Eat: Homemade ice cream sandwiches at Sally's house after ride. Weather cancellation: nope. Leader: Sally Phillips 448-6271.

## SATURDAY STEADY AND LEISURELY Ride Schedule

**May 6. Hauser Lake Loop – Newman Lake Views.** Start: 10:00 am. (*Note*: new start time). Meet: Hauser Lake Boat Launch. Directions to start: from Trent, which becomes WA Hwy 290 and then ID Hwy. 53, go 1.8 mi. east from state line. (Also 0.3 mi. from Curley's Restaurant). Turn north onto Hauser Lake Rd. Look for the "Embers" or "Mattheus Lumber" signs. (If you reach Pleasant View Road, you've gone too far; turn around and go back 0.25 mi.) Go 1.1 mi. on Hauser Lake Road. Continue straight on Hauser at the Cliff House Rd. jct. Go 0.3 mi. Turn right at Fay Place and go 0.25 mi. Park near the toilets. There is no charge or pass needed. Pace: 10-14 mph. Distance: 19.4 miles. Terrain: Flat with a few small hills. Regroup: Often. Route: Newman Lake Arm, Honeymoon Bay, E. Newman Lake Drive Boat Launch, Hauser Lake. Scenic views of 2 lakes. Eat: Rainbow Resort. Map: None. If Rain, Eat first (still meet at Boat Launch), then ride. Leaders: Mary and T.J. Badger, 467-8099.

**May 13. Arboretum - F.L.T. - Spotted-Grove-Deska Loop.** Start: 10:00 am. Meet: Finch Arboretum, "F" Street and Woodland Blvd. Look for Arboretum sign from Sunset Blvd., half mile west of Government Way. Pace: varies, see distance. Distance: 23 mile loop (12-14 mph) or 17-20 mile, out and back (10-12 mph). Terrain: some hills. Regroup: Occasional. Route: Arboretum – F.L.T. (Fish Lake Trail) - Spotted Rd. – Grove Rd. –Abbott Rd.- Deska Dr. – West Dr. Eat: The Elk. Map: None. If Rain, Eat first, then ride. Leaders: Mary & T.J. Badger, 467-8099.

**May 20. Four Mound Prairie.** Start: 10:00 am. Meet: Fire Station 51 (Dist.5), 17217 W. Four Mound Rd. From Spokane's junction of Assembly and Francis, go west & north on Nine Mile Rd.(Hwy. 291) for 2.1 miles, turn left on Seven Mile Rd. & go 4.2 miles. At a fork with Coulee Hite, go straight (or bear right) onto Four Mound Rd. & go 4.3 miles. Find the fire station on the left and park in the southeast part of the lot near Dover Rd. Pace: Steady (12-14 mph) or Leisurely (10-12

mph). Distance: 20 miles. Terrain: Flat to gentle grades. Regroup: None (map provided). Route: Dover, Charles, Wood, Coulee Hite, Wood, & Four Mound Roads. (Historical note: the 4 mounds were rock cairns that marked an old Indian trail from Spokane Falls to a ford across the Spokane River near the Long Lake Campground). Eat: The Tin Cup Café, 10013 W. Charles Rd. If Rain: Eat first, then ride. Leaders: Mary & T.J. Badger, 467-8099.

**May 27. Harvard - Argonne on Centennial Trail.** Start: 10:00 am. Meet: C.T. trailhead parking lot at Harvard Rd. Pace: 10-14 mph. Distance: 15-21 miles (note: out and back same way, choose your own speed). Terrain: Flat with some gentle grades. Regroup: Occasional. Route: C.T. to Argonne Library and return same way. Eat: True Legends Grill, 1803 N. Harvard Rd. Map: None. Rain: Phone leader. Leader: Sharlene Lundal, 624-1539.

**June 3. Columbia Plateau Trail / Tyler-Cheney Hwy.** (all paved). Start: (Note time change) 9:30 am. Meet: Fish Lake Trailhead of C.P.T. (not in Spokane). Note that this is a free day – no Discover Pass needed (the C.P.T. is a WA State Park). From Spokane go south on Hwy. 195. Turn right on Cheney-Spokane Rd. and go ~8 miles. Turn left on Myers Park Rd (this is 0.2 mile beyond Spotted Rd) & proceed 0.1 mile to trailhead parking. Pace: Steady (12-14 mph) or Leisurely (10-12 mph). Distance: 20 to 26 miles. Terrain: Flat to gentle grades. Regroup: Occasional. Route: (Cue Sheet provided) C.P.T, Cheney-Spangle Rd, Tyler-Cheney Hwy, return same way in reverse. Eat: Mason Jar in Cheney. If Rain: Eat first, then ride. Leaders: Mary & T.J. Badger, 467-8099.

**June 10. Columbia Plateau Trail – Clear Lake.** (all paved). Start: 9:30 am. Meet: Fish Lake trailhead of the C.P.T. (See directions for June 3). Note that this is a free day – no Discover Pass needed (the C.P.T. is a WA State Park). Pace: Steady (12-14 mph) or Leisurely (10-12 mph). Distance: 20 or 24 miles. Terrain: Some flat, some gentle grades, some hills. Regroup: Occasional. Route: (Cue Sheet provided) C.P.T., Cheney-Spangle Rd, Salnave Rd, Clear Lake Rd, return same way in reverse. Eat: Mason Jar in Cheney. If Rain: Eat first, then ride. Leaders: Mary & T.J. Badger, 467-8099.

**June 17. Deer Park – Williams Valley Loop** Start 9:30 am. Meet: 1<sup>st</sup> Street Bar & Grill; from Spokane take Hwy 395 north, turn right on Crawford (opposite side from Monroe Rd.), go 0.35 mile & turn left on North (Les Schwab sign) & go 1 block. Pace: 10-14 mph. Distance: 20 or 25 miles. Terrain: Flat with gentle grades plus a few short hills. Regroup: When needed. Route: Country Club-Airport loop, Montgomery Rd, Clayton, Williams Valley, Burroughs Rd, Monroe Rd. , Map: None. Eat: 1<sup>st</sup> Street Bar & Grill (breakfast or lunch available). If Rain: Eat first & ride. Leaders: Mary & T.J. Badger, 467-8099.

**June 24. Meenach & Seven Mile Bridges Loop.** Start: 9:30 am. Meet: Westgate Park, ~5432 W Conestoga Dr. From the intersection of W. Francis and N. Assembly, go north  $\frac{3}{4}$  mi. on Nine Mile Rd. Turn left onto Rifle Club Rd, go 1 block, left on Old Fort Dr, go 1 block, and right on Conestoga Dr. Pace: 10 – 14 mph, Leisurely or Steady. Distance: 20 miles. Terrain: Flat to some hills. Regroup: Frequent. Route: Start at Westgate Park, go west on Rifle Club Rd, then east on Aubrey White Pkwy., cross TJ Meenach Bridge to C.T. west to Government Way and Aubrey White/C.T. to Seven Mile Bridge. Return on A.L. White to Westgate Park. Eat: Fieldhouse Pizza



at Assembly and Wellesley. If Rain: Eat first, then ride. Map: None. Leaders: Mary & T.J. Badger, 467-8099.

**July 1. South Hill Circle.** Start: (Note time change) 9:00 am. Meet: Mackenzie River Pizza, 2910 E. 57<sup>th</sup> Ave. (jct. Regal St.), northwest corner of parking lot adjacent to intersection. Pace: Steady to Leisurely (10-14 mph). Distance: 21 miles. Terrain: Flat to rolling. Regroup: Frequent. Route: South Hill plateau circle in clockwise direction. Map: None. Eat: Mackenzie River Pizza. If Rain: Eat first, then ride. Leaders: Mary & T.J. Badger, 467-8099.

## **MOUNTAIN BIKING Ride Schedule**

Rider will need to have a minimum of a hybrid bike with fairly decent tires as we will be going over rocks and rough road and a helmet is a must. Will meet at the Wilbur Trailhead on the Centennial Trail. **You will need a Discover Pass for parking.** The rides will be about 1.25 to 2 hours (might be more stopping depending on participants).

Beginner: Mostly flat, small hills, double track, some maneuverable low-rocky single track. 8 or less mph.

Intermediate: Will also include Intermediate size hills, rocky and twisty single tracks. 8+ mph.

Directions to Trailhead: Take 7 mile road north – take first left after crossing Spokane River bridge – park at second parking lot on right (end of road).

Rain will cancel or extremely muddy conditions. Please call if unsure about weather conditions or for any additional information.

All rides for May and June will be Beginner/Intermediate.

### **Dates and Times**

#### **May - Wednesday Evenings – 6:00 pm**

**May 3<sup>rd</sup>** - Part of Bike Anywhere Month Leaders: Barbara/John Beaton 465-1952 or 590- 3814 (Cell)

**May 24<sup>rd</sup>** – Part of Bike Anywhere Month Leaders: Barbara/John Beaton 465-1952 or 590- 3814 (Cell)

#### **June – Sunday Afternoons – 2:30 pm**

**June 4<sup>th</sup>** – Leader: Dave Braun Phone: 509-768-4258

**June 11<sup>th</sup>** – Leader: Garry Kehr Phone: 509-990-1474

**June 18<sup>th</sup>** – Leader: Dave Braun Phone :509-768-4258

**June 25<sup>th</sup>** – Leader: Garry Kehr Phone: 509-990-1474

## Government Affairs

**May Bike Everywhere Month** has arrived! The Club has planned special events all month long. This year we are trying a Festival of Short Rides, scheduled on Sunday afternoons, some weekday evenings and noon hours. The rides are intended to showcase cycling infrastructure in various locations, encourage quirky exploring, and giving us some outreach to the community. They are all 10 miles or less in length. None of the rides conflict with our robust regular ride schedule, following the motto 'If it's not broke, don't fix it'. I hope you, dear cyclist, will join us on some of these special rides. A sampling:

5/11 Pub & Grub Ride along the Centennial Trail, then looping back to downtown to check out Liberty Ciderworks and Soulful Soups. Both establishments give discounts to patrons that arrive by bike.

5/23 Experience a loop from Lincoln Park, along the newly-paved Ben Burr Trail, Iron Bridge, then back via 5<sup>th</sup> Ave bike lanes.

5/21 Explore Latah Creek, Highbridge Park, Vinegar Flats. Inland Northwest Trails folks are promoting a bike/ped trail in this area. Get the details as we ride.

Lots more rides are listed on the [spokanebikes.org](http://spokanebikes.org) website.

Some other **special events to enjoy**:

- 5/1, 7-9 AM Pancake feed in Riverfront Park – blueberry pancakes, Roast House 'Ride the Edge' coffee
- 5/16, 7-9 AM Energizer stations around town encourage early morning cyclists
- 5/19, 5-7 PM Bike Everywhere Day pizza and beer party at Rivercity Brewing – music and door prizes as well!

Please sign up for the **National Bike Challenge**, a nation-wide promotion of cycling. Go to [spokanebikes.org](http://spokanebikes.org) to sign up for this year's Challenge. Logging is done through a Strava account, and miles can be downloaded or entered manually. Steps to sign up:

- Navigate to: [www.nationalbikechallenge.org/](http://www.nationalbikechallenge.org/)
- Select "Join" and "Connect with Strava."
- Create a Strava account **or** log in to your existing Strava account.
- In Strava, join the 'Spokane Bicycle Club': 'Explore' tab, 'Clubs', type in 'Spokane' in the Club Name box, highlight the Spokane Bicycle Club entry and hit the Join button.
- Log your rides on Strava and they will automatically import into the National Bike Challenge and will add to your individual points, to the SBC total, and to the **Spokane Bikes Everywhere** advocacy Challenge. Any Spokane County resident who signs up has their logged miles added into our Spokane advocacy group.

A note about the importance of creating a high profile for cyclists in our community – I belong to the Lincoln Heights Neighborhood Council which is trying to get some greenway signage, sharrows and crosswalks installed on a route connecting Lincoln Park with the recently-paved Ben Burr Trail. Moving ahead on the proposal has involved asking neighbors in the vicinity for their endorsement. Hmm – it's good to get out and see what other folks are thinking. What opposition neighbors said: Don't spend money on this, fix the roads instead; Road bulbouts are dangerous, as they narrow the lane a car uses; Ben Burr paving made it easier for homeless to get into the adjoining neighborhood. My point is that, when City officials are putting in cycling amenities, they are doing

something controversial. Some citizens will not like to see money spent on something they themselves are not using. Therefore, it's pretty important for us cyclists to use bike amenities and raise the profile of cyclists in our area. So, go **join** the National Bike Challenge and log those miles. Numbers bolster the case for more cycling infrastructure.

And, in the way of more tangible rewards, I am offering a dozen home-made cookies to anyone who participates in the Bike Challenge and bikes each day in May. Rides don't have to be long – even a one mile ride counts. Last year, ten people earned cookies. Let's up the number this year.

## Bits

The City of Spokane is ready to start planning for its chunk of the Millwood Trail. There is a public meeting on June 3, 9am-4pm at Felts Field - <http://www.spokanemillwoodtrail.com/> Public comment is also being accepted on the website. Note that this is City of Spokane's portion of the project. City of Millwood has done it's portion of the planning and is awaiting the state legislature's decision on funding.



SRTC has a new, improved Spokane Regional Bike Map, also Spokane Area Recreational Bike Maps, with 16 online or printable maps. Go to <http://spokanebikes.org/bike-maps/> to check them out.

In 2018 the Washington Bicycle Summit will be in Spokane! Details to follow.

Spokane River Centennial Trail 6 year maintenance document 2016-2022

<https://www.spokanecounty.org/DocumentCenter/View/3967> has loads of information and maps showing what's planned for the CT. Examples: CT realignment at Carlson Rd, which will be happening in 2018. The document also has a study on choices for the filling the west central gap in the connection between Kendall Yards and where the Trail picks up at the Meenach Bridge.

## May - June Newsletter 2017

Appleway Trail construction continues, with construction from Pines to Evergreen. Project Manager Robert Lochmiller says “City plans to install a pedestrian activated signals for the Appleway trail crossings across Pines Road, Evergreen Road, and Sullivan Road”. The signal lights will be installed after both sides of an trail/street intersection have been completed. The Pines light will be installed this year, after current construction finishes. A nice improvement. I have been avoiding some of the existing trail because it can be hard to get from the Trail onto busy North/South streets.

Sally Phillips



# Sponsorship Program

## Objective:

Fund a speaker's bureau for Spokane Bicycle Club

Support The League of American Bicyclists training program

Collaborate with governmental and non-governmental organizations with common bicycling advocacy goals.

## Platinum Sponsors



INLAND  
EMPIRE  
TOURS



## Gold Sponsors



## Silver Sponsors



## Spokane Bicycle Club Board Meeting

April 4, 2017

REI

Board Members Present: Scott Schell (President), Barb Kehr (Immediate Past President), Gerry Bergstrom (Vice-President), Hershel Zellman (Secretary), Sally Phillips (Treasurer), Dud Bowers, and Margaret Watson.

Board Member Absent: Amina Giles

Guests: Serge Bulan (web manager), Susan Strong (rides coordinator), Garry Kehr, and Jed Barden.

**Call to Order:** at 6:05 pm by President Scott Schell.

**Approval of Agenda:** Scott presented this evening's agenda and it was approved without additions.

**Minutes:** of February 7, 2017 meeting were approved without additions or corrections.

**Treasurer's Report:** Sally presented the Year-to-Date Cash Flow and Account Balance reports (see Appendix A and B). Notes:

- A. Income is \$200 ahead of this time last year.
- B. Membership dues paid to LAB represents \$100 for this year and prepayment for next year. (Sally accidentally sent them \$200). There was Board consensus on this remedy.

### Committee Reports:

#### A. Rides:

- 1. Route Condition Notification: Susan desires input for notifying ride coordinators and leaders about road conditions for ride routes. Suggestions included posting a link to Spokesman- Review road construction updates on our website and setting up a type of chat space on our website where members can post adverse road conditions. **Serge** offered that he can make these posts time-limited.
- 2. Wednesday Riders: Susan announced that the Wednesday Women's Riders Group is officially leaving the Club.

B. Website Management: Serge has met with Barb K and Scott a few times over the past several months to clean up the website by removing items that are more appropriate for the Newsletter (and vice-versa) and removing outdated pictures/stories/info. The project is progressing. Susan suggested archiving the newsletters for the past 2 years to make info in them available to members who are planning rides. The Board was supportive and **Serge** will work on it, also providing a link to them on the website. He also would like to archive and make accessible the last 2 years of Board meeting minutes. **Hershel** will send him the info by email.

- C. New Members: Scott reported that in March there was a potluck held at Susan's home for ride coordinators to brainstorm ways to make new members feel welcome.

**New Business:**

- A. Validity of Club's Sign-In/Waiver for Rides: Background – Recently a club member was seriously injured on a Club ride. She had a large balance to pay on her medical bill. Issue – Is the Club protected from lawsuits in lieu of the situations that approximately 10% of the Sign-In/Waiver sheets are not turned-in by ride leaders and that periodically (though rarely) Club members refuse to sign the sheet and still participate on the ride. Jed Barden, lawyer and cycling enthusiast, reviewed the waiver and the issues. He felt that the wording of the waiver is legally valid and protects the Club against lawsuits resulting from injuries incurred on Club rides. However, he emphasized that it is essential that everyone participating in rides (members and guests) sign the form and that all the forms need to be turned in. The Board agreed with his assessment and there was consensus that anyone who refuses to sign the sheet should be excluded from the ride. Also, to emphasize the above points, Susan Strong will go over the ride leader's pre-ride talk at upcoming general membership meetings and focus on the importance of the Sign-In/Waiver sheets.
- B. Mosaic Community Bike Shop Volunteer Opportunities: They have already hosted a workshop on bicycle maintenance for the Reardan-Edwall School District, and Scott reports that they looking into other volunteer opportunities that could include SBC members.
- C. Meeting with Kelli Refer: She is the Director of Statewide Engagement Cascade Bicycle Club and Washington-Bikes. Scott and Garry will be meeting with her soon to discuss better coordination of bicycling activities between the east and west side of the state.

**Unfinished Business:**

- A. Facebook: Scott reported that he and other Bike Club members are learning how to use Facebook in order to expand the number of FB editors we have in the Club.
- B. Jerseys: The "Admin Team" (Scott, Gerry, and Barb K.) are working with Don Barden and Mary Rossner on a mechanism to maximize satisfaction with the ordering process by assuring that an adequate number of jerseys of various sizes are always available for trying on and purchase. The mechanism will also be trying to minimize Club outlay and risk of losing money. Design has been decided. There was consensus to spend \$800 on the initial order from Primal Wear.
- C. Hardcopy Newsletter: The 40 members who receive a hard copy of the Newsletter have been notified that their annual assessment for this service is going up by \$10 (to \$15 total). The assessment will show up at the time of their annual membership renewal. There was some discussion about what could be eliminated from the Newsletter to reduce the number of pages and, therefore, the amount of postage. Will defer this subject to next meeting when Barbara Beaton can attend.
- D. Bike Everywhere Month (May): Sally reported that she recruited a Facebook advisor to teach her the ways of FB. She and her committee have planned 10 short rides (< 10 miles) during the month and she is looking for Club members to lead them.

## May - June Newsletter 2017

Several Board members volunteered this evening. Dud suggested that participants should be signing a waiver like we use on Club rides and everyone agreed.

E. Bike Swap (in 4 days): Scott reported that we purchased a booth (\$150) and have enough Club members to staff it.

F. Club Sponsorships: Garry reported that he thinks he will be successful in retaining all but one of our past sponsors for this year. The use of these funds remains restricted to Banquet speaker honorariums, education, LAB scholarships, ride promotion and advocacy. Sally keeps a separate accounting of these funds from general operating funds.

G. Club Sponsored Tours: Scott reported that he, Margaret, Dud, and Mary Rosner are in the process of planning 3 multiday tours for this summer and fall. The first will probably originate in Nelson, BC in mid-July.

H. Bike Touring Workshop at REI: Garry reported that he and 3 other SBC members will lead a panel discussion on bike touring April 25, 6pm, at REI. Free to the public.

**Adjournment:** 8 pm.

**Next Meeting:** Tuesday, April 4, 2017, 6 pm, at REI.

Respectfully submitted,

Hershel Zellman, Secretary

NOTE: Names highlighted in **yellow** indicate those people are responsible for an action item.

Next meeting: June 6, 2017, 6pm, at REI



## APPENDIX A

## Cash Flow - YTD

1/1/2017 through 4/4/2017

Category /Description	
<b>INFLOWS</b>	
Member Dues	2,301.61
Newsletter Surcharge	140.00
<b>TOTAL INFLOWS</b>	<b>2,441.61</b>
<b>OUTFLOWS</b>	
Contributions	
Centennial Trail Adopt-A-Mile	500.00
<b>TOTAL Contributions</b>	<b>500.00</b>
Insurance	1,383.00
Memberships	
League of American Bicyclists	200.00
Other Memberships	102.00
<b>TOTAL Memberships</b>	<b>302.00</b>
Misc Exp.	10.00
Newsletter Exp.	
Other Newsletter Exp.	214.93
<b>TOTAL Newsletter Exp.</b>	<b>214.93</b>
<b>TOTAL OUTFLOWS</b>	<b>2,409.93</b>
<b>OVERALL TOTALS</b>	<b>31.98</b>

APPENDIX B

Account Balances - As of 4/4/2017

Accounts	Balances
<hr/>	
<b>Bank Accounts</b>	
12 month CD	0.00
Bank of America Savings	0.00
BAW Contributions	0.00
Centennial Trail Contributions	0.00
Checking Bank of America	0.00
Sponsorship	2,391.28
STCU Checking	9,827.41
<hr/>	
TOTAL Bank Accounts	12,218.69
<hr/>	
OVERALL TOTAL	12,218.69

