



President’s Message

Terry Harwood, Spokane Bicycle Club President

Spokane Bicycle Club is in full swing. We have at least 7 regular rides per week. This month is Bike Everywhere Month with many events and even more rides. The weather is getting better every day, and it looks like many of you are getting on those bikes earlier this year. I’ve really enjoyed seeing and meeting many of you out on the rides and hearing about your winter adventures.

March and April ended up being great months for cycling our area. Some days were a bit chilly, but very few rides were cancelled due to weather. We had two enjoyable General Meetings; our March meeting was with Joan Griswold sharing her and her husband’s cycling journey from Amsterdam to Barcelona, the April meeting was with Tim Hunt giving us an informative training on RWGPS. We also had a booth at the Spokane Bike Swap which helped share our cycling mission with the public and proved to be a lot of fun.

We have recently gained many new members and I want to say WELCOME!!! I hope to see you on lots of rides. Thank you Ellen Peller for keeping track and reaching out to our new members.

We presently have 314 Spokane Bicycle Club Members and 827 Meetup followers. Thank you all for supporting our club.

As I said Bike Everywhere month is here and already rolling. Sally Phillips has done an incredible job organizing this awesome set of events. You can find information further down on this newsletter and for a complete detailed list of activities check out our website spokanebicycleclub.org and click the Bike Everywhere tab on the top of the home page. There are 13 rides along with our regular ride schedule, we run the Bloomsday Bike Corral, there’s a Pancake Breakfast at Riverfront Park, Energizer Stations for commuters, there’s even a ride with our local elected leaders, and a wrap up party at the end of the month. So, join us, we would love to see you.

Also in May, at our General Meeting, Jami Hayes, the Senior Project Manager for Spokane Public Works will share what has been accomplished, what is

TABLE OF CONTENTS

President's Message	1
May 20 General Meeting	2
Spokane Bicycle Club Board Meeting Minutes	3
Ride with GPS Tutorial	5
Colville Weekend Ride	6
Member Profile - Terry Harwood	7
Choose Your Distance & Pace Rides	11
Photo Gallery	13
X-Washington Ride update	14
Government Affairs	16
Board Officers / Sponsors	22



Digital art of photo of lilacs along the Centennial Trail (S. Doak)

getting done, and what the next steps are for our cycling community in Spokane County. She is very excited to share some of the things that are being done and truly values our input on their proposed projects.

And finally on Saturday May 11th, we are going to have a Choose Your Distance Ride. There will be 3 different rides all starting from the same place. There will be a shorter, a medium, and a longer distance ride. Our hope is to have a ride once per month that will cater to everyone. Thank you, Garry Kehr, for putting this together.

Looking into June, we have 40 people signed up for our Ride Across Washington starting in Monroe and ending here in Spokane. I'm looking forward to the ride and am enjoying the training with everyone.

There are a lot of members that put so much into the Spokane Bicycle Club both visibly and behind the scenes. It takes a lot of time and effort to keep our club running so smoothly and for that I would like to say a big THANK YOU!!!

If you have any time, please consider volunteering a few minutes to help our club anyway you can, even if it's just showing up. I love our cycling community and this club, and I want to expand our reach to make the Inland Northwest the best cycling area around.

I hope to see you all at one of our next rides or events.

General Meeting 20 May 2024 6:00 PM

St. Mark's Lutheran Church

316 E. 24th Ave. (24th and Grand) Spokane, WA

We are pleased to have with us for the evening, Jami Hayes, Senior Project Manager for the Spokane County Public Works department.

Jami is responsible for creating the County's new Bicycle Master Plan (BMP). Jami will be sharing some of the projects that have happened over this past year, what is being done now, and what the future plans are for our cycling community.

Jami Hayes writes and manages transportation grants, researches and coordinates transportation planning projects, writes ordinances and master planning documents, and represents Spokane County in local and regional transportation planning activities and meetings. She has a master's degree in Urban and Regional Planning and a B.S. in Biology. She is an avid reader, gardener, outdoor enthusiast, and loves being a mother, and all things transportation.

SBC Board Meeting Minutes

March 12, 2024, St Mark's Lutheran Church

Board Members Present: Terry Harwood (President), Tim Hansen (Vice-President), Sally Phillips (Treasurer), Blair Strong, (Secretary), Dave Sorg, Russ Peters, Garry Kehr, Don Barden, Bob Buck, Tim Hunt (Immediate Past President)

Quorum Achieved: Yes

Call to Order: 6:05 by Terry Harwood.

Approval of Minutes: The minutes of the January 15, 2024 Board Meeting were approved, without additions or corrections.

President's Report:

Terry reported that the website home page had been updated to feature the general meetings and information about the Cross Washington tour.

Treasurer's Report:

Sally Phillips reported that there had been no major changes in the club's financial situation in the last two months. She also reported that five new members joined the club during the preceding month, and there were six members whose dues were presently overdue. However, there was nothing to indicate that the dues would not be paid. She stated that the cash on hand may diminish somewhat as expenses are paid for the Cross Washington tour, but those expenses would likely be replenished as riders sign up for the tour. There was some discussion concerning the possible effect that the new dues levels may have on membership. However, it may be too early to determine if the dues increase will have any effect on membership totals. There were no motions to change the dues structure at this time.

Unfinished Business & Reports:

A. General Meetings: Terry Harwood reported that the March 18 general meeting would feature a presentation about a 6-week, self-guided and planned bike ride from Amsterdam to Barcelona. The April 15 general meeting would feature GPS training for bicyclists. No program had been yet selected for the May general meeting. Board members made suggestions for future programs including additional presentations by government agencies from the City of Spokane, City of Spokane Valley and Spokane County. Also, other topics including bicycle seat selection, presentations by club sponsors, and opportunities for feedback from club members were suggested.

B. Bike Swap: Sally Phillips reminded the board that the Spokane Bike Swap is scheduled for April 20, 2024 at the Spokane Fairgrounds. Volunteers have been secured to set up the Spokane Bicycle Club booth and to staff the booth during the Bike Swap.

C. Bike Everywhere Month (May): Sally Phillips reported on preparations for the Bike Everywhere Month. Among other events, the pancake breakfast will be held on May 13 on the north of the Riverfront Park. Energizer station(s) will be scheduled for May 17. A “wrap-up” party for participants and volunteers is scheduled for May 30. Volunteers are being assembled to put together the hot plate/stove which was donated to the club.

D. Rides Program: Garry Kehr reported that he is continuing to collect information to monitor participation in club sponsored rides. Regular weekly rides are being scheduled as during the last season. However, the club is also going to schedule “combination rides” at which multiple levels of difficulty and routes will be prepared and leaders designated at the same club ride. He plans to schedule the first combination ride on May 11, 2024, and a second combination ride on June 1, 2024.

E. Cross Washington Ride: Garry Kehr reported that planning for the Cross Washington Ride is continuing. He reported that the Snohomish and Chelan counties appear to require the payment of permit fees for use of county roads and they also have minimum liability insurance requirements. There was discussion among board members about whether these requirements truly applied to a tour ride like the Cross Washington Ride, and it was agreed that there would be further informal discussion among board members about this issue to ascertain if these requirements truly applied to the club. Among other aspects of the ride Garry Kehr reported that there were presently 29 registrants, with 25 considered the minimum number to make the ride workable. There was discussion concerning lodging during the ride, because lodging is limited at some break points. Garry reported that 52% of the registrants indicated that they would stay in motels/hotels; 17% indicated that they would stay in a combination of motels/hotels and campgrounds; and 31% indicated that they would be camping for the whole ride.

F. Zwift: Bob Buck reported that the indoor riding program on Zwift had largely wrapped up for the season. He thought that indoor riding on an electronic platform had gained popularity as a club activity. There may be pick-up rides scheduled on Zwift from time to time.

New Business:

It was suggested that Spokane Bicycle Club jerseys had been popular items for sale in the past, and it might be timely to again offer them for sale to members. Tim Hunt offered to look into the availability and price of Bicycle Club jerseys.

Meeting Adjourned: There being no other business, it was moved, seconded and unanimously agreed at 7:20 p.m. that the meeting would be adjourned.

Respectfully submitted,
Blair Strong, Secretary

Next Board meeting: Monday May 6, 6:00 PM

Ride with GPS Tutorial

Tim Hunt has created a tutorial document on the club's Ride with GPS (RWGPS) account that was covered at the last general meeting. The tutorial is only available to members so you need to be logged in to the SBC website. To navigate to it from the Home Page → Rides Program → Ride with GPS Club account.

The direct link is

<https://spokanebicycleclub.org/Ride-with-GPS-Club-Account/>

The tutorial covers:

- Learning to use RWGPS before, during, and after the ride
- How to access SBC routes with RWGPS from MeetUp or the club's account
- Look at the Route Map View, Route Library or Collections
- How to view all the information in the RWGPS route, like basic information, route map, elevation profile, switch to different map overlays, analysis of climbs and descents
- How to view and print cue sheets
- Accessing routes with the RWGPS phone app
- Accessing routes with the RWGPS phone app, Garmin Connect, and your Garmin device
- Quick easy ways to get the route to your Garmin device



IS YOUR BIKE READY???

Hopefully, you have managed to get some cycling in this season. It has been a beautiful spring for rides thus far. Well, whether you have or not, your bike may need some TLC to get up and running in tip top shape. The bike shops are just starting to get busy so now is a good time to get that necessary work done. Two of our club sponsors, North Division Bicycle Shop and Wheel Sport Bicycles South are currently doing Tune-ups around 2 weeks out. So, now is the time to get it done if you haven't already.

Terry Harwood
SBC President



Keep riding, keep safe!

Colville Weekend Rides, September 13-15

Tim Hansen, Vice-President

Join us this year for a beautiful weekend of bicycle riding in and around the town of Colville, Washington. This annual event provides scenic rides for all abilities throughout the weekend. Come for the entire weekend or just one day.



The weekend begins with a ride on Friday afternoon that is both a shorter distance and a more leisurely pace. On Saturday, there are two different rides: one group rides a shorter and leisurely route while the other group rides a longer route at a faster pace. Then on Sunday morning, a final ride into the nearby hills and valleys of Colville. SAG support will be available.

All rides begin and end at the Colville Fairgrounds. Tent and RV camping is available at no cost at the fairgrounds (power is available; no water). Colville also has three motels in the area.

Meals are on your own. Friday evening, we gather together at a local Colville restaurant for a no-host meal. Saturday evening is a potluck at the fairgrounds with SBC providing the main course and riders providing sides, desserts or beverages.

The cost for this event is \$40 per person. You must be a member of Spokane Bicycle Club to participate. Complete information and registration will be on the SBC website beginning on June 1st.

Come with us and explore the picturesque area of Colville on your bicycle.



Terry Harwood - Member Profile

Written by Garry Kehr



Terry and his wife, Donna, moved to Spokane in March of 2022. Terry wanted to learn some cycling routes and, after researching bike groups, found the Spokane Bicycle Club. Terry said, "I started riding on the Monday out-and-back-ride in April or May and my wife and I soon joined the club. Terry grew up in Seattle but visited his grandfather in Spokane. He even ran Bloomsday as a young man. When it came time to retire, Terry and his wife knew that they wanted to consider Spokane. They moved here from the Bay Area in California.



Family History and Early Life

Terry's mom and dad grew up in the Chicago area. Mom, Lois Harwood, was born in 1937, grew up in Chicago, and went to the University of Illinois and majored in accounting. Dad, David Harwood, was born in 1937, grew up in Crystal Lake, IL, went to University of Illinois, majored in electrical engineering and spent his entire career working for Boeing. He was an editor for technical manuals in the aerospace program. Brother, Steve Harwood, was born in 1960. Steve lives in Kent, WA and works as an estimator for entry and exit systems for new construction. Terry Harwood, was born in 1964 in Renton, WA. At age three, the family moved to the Wedgwood neighborhood in Seattle.



Wedgwood was a great neighborhood with lots of kids. Bicycles were a big part of Terry's early life. His first bike was a Schwinn Stingray. The kids in the neighborhood built ramps and practiced jumps modeling their hero, Evel Knievel, and achieving greatness.

The second bike was a Schucks Auto Supply 10 speed. For years, the

Schucks bike was a project with Terry constantly replacing components as they became available. Terry had a dresser downstairs chock full of bike parts.

Terry went to a Catholic grade school and enjoyed being a part of Boy Scouts and a member of the soccer team. Terry remembers a man from the neighborhood who was deeply involved in the scout troop and served as the soccer coach. Terry's dad was also very supportive and participated in both activities as work permitted.

At age 14, Terry decided that he wanted a job and after giving it some thought, decided that he liked museums and looked up various museums in the Seattle area and made some phone calls. The Museum of Flight at the Seattle Center hired Terry to sweep floors and serve as a cashier.

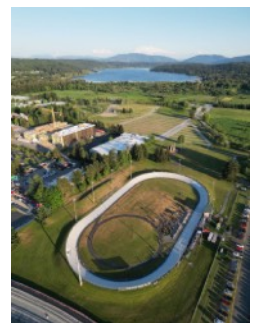
At age 15, Terry applied for a job at a local bike shop; The Bicycle Center of Seattle was located near the Burke Gilman Trail and 35th NE. Terry received lots of bike-specific training at the bike shop and remembers a shop parrot trained to say "Buy a Bike."

Terry had a friend who attended the College Preparatory School in the Wedgwood neighborhood. Terry decided that he wanted to attend the school too and was accepted and attended from the 8th grade through the 10th grade. The school was a small academic school and prepared Terry well for the remainder of high school and college. "In fact," Terry said, "I skated through 11th and 12th grade because I knew the subject matter from Prep." The school also had fun sports like archery and "winter opportunities" to learn. One of the skills learned, juggling, is something Terry still enjoys.

Terry attended the University of Washington from 1982 to 1986 and enjoyed being a part of a large fraternity. He majored in forestry and business administration.

Bicycle Life

Exercise and movement were always an important part of his life and still are. In high school, he mostly rode solo. One route stood out: [The Lake Washington Loop](#) (link). It is a 52.3 mile loop around Lake Washington with 2195 feet of elevation gain. Terry would leave his house near 65th and 35th N.E., close to the Bryant Playground, and ride east to the Burke Gilman trail and follow it, more or less, around the lake. Terry said, "I would often take a side trip off the trail in Redmond, WA to the Marymoor Park area and take a spin around the [Jerry Baker Memorial Velodrome](#) (link).



This was a favorite route for Terry while in high school and also when he was in his 50s visiting his parents. He kept a bike at his parents' house so that he could ride when in Seattle.

Terry found his exercise fix in various ways from an early age.

Terry recalled,

Since my Mom didn't drive and my Dad worked, I discovered early on that using a bicycle rather than taking the bus was a much more efficient way to get around Seattle. I used to go on rides to just get lost so I could learn new ways to get around.

My 20s and 30s saw a change of physical focus from cycling to running and martial arts. I ran two full marathons and a couple dozen half marathons, and many other running events including Bloomsday twice as my Grandfather lived here and it was a good way to come visit. In martial arts, I worked my way up through the belts at a very difficult school that believed in the old school philosophy of no pain - no gain method of training. I even fought for the Amateur California Junior Welterweight Full Contact Kickboxing Championship. I lost.

As my body started to experience the toll running, working on my feet, and kickboxing were having on me, I shifted back to cycling.

I often went on rides with a few friends but more often went on rides by myself. I did a lot of mountain biking around Marin County (some say the birthplace of mountain biking) and sort of evolved into mostly road riding as the mountain biking in the bay area tends to be very steep and very difficult.

My first Metric Century was The Holstein 100 in Santa Rosa. I hated the last 15 miles as I just wasn't in good enough shape. After that I vowed to be properly trained for every event I entered from then on.

I've always enjoyed having at least one goal event every year. I've done many centuries (five in one year) many metric centuries and lots of riding with groups.

In 2000 and 2002, I was on a crew that a good friend was riding on Race Across America. I rode with him often to help him train. The first year, I was chief mechanic, and the second time, I was crew chief. Cell phones were not effective most of time. We did not have an RV for support. We had a shoestring budget, and it was an experience of a lifetime. In 2000 our team consisted of three riders. In 2002, our team was just two riders. San Diego to Atlantic City in seven days 15 hours the first time, ten days the second time. One of the most challenging aspects of this race is that whatever you have to do, you must take into account that our riders are traveling at 16 mph 24 hours a day. I also crewed for that same friend on his 47 hour Furnace Creek 508 solo race which he finished.

Career

Terry's career was launched at an early age (late teens) when he worked for a variety of restaurants in the Seattle Area, including the Wedgwood Broiler, in the Wedgwood Center on 35th NE. He started as a dishwasher and earned his way to become a cook and ultimately a chef.



Terry said, "I got a job as a dishwasher and worked my way up to cook and head chef at many establishments in Seattle and the San Francisco Bay Area with most of my career working for Marriott International. I loved the challenge of creating and delivering a couple thousand meals to Marriott clients. It definitely was a challenge, but we always got the job done. I enjoyed my 23 years working at Marriott in downtown San Francisco, In my last few years

before Covid, I worked with a friend in the catering field, mostly in San Francisco and surrounding communities. Presently, an associate and I help people negotiate overcoming addiction.”



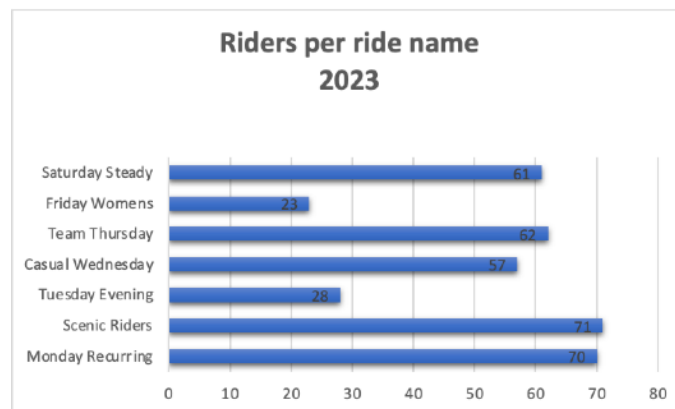
Spokane Bicycle Club

Terry said, “In the 2023 season, I rode as many SBC rides as I could. I was asked to be the vice president in the summer of 2023 and took over the role of president in November, 2023. I have had some limited involvement with the club events before my role as president, mostly as a participant. But as president, I have been much more involved, helping with the many aspects of our Club but just learning from the members as I go along and doing the best I can to help our club have fun, grow and reach our community. I am truly encouraged, humbled, and grateful when I see what is involved with keeping this club running smoothly and the people that put so much into making it all happen.”



Choose your distance, choose your pace Spokane Bicycle Club Event

In 2023, 162 members rode on club rides. Riders tend to ride a few different rides but not all of them. We get to know riders that frequent the rides that we are comfortable with as indicated in the chart below.



The main purpose of the “Choose your distance, choose your pace” event coming up on May 11th, 2024 is to come together has a whole community and celebrate the Spokane Bicycle Club, club rides and riders, regardless of which groups we normally ride in or if it is our first group ride.

Three ride options, one starting point and a celebration for safe, group rides.

Who: For those who have been meaning to try an SBC group ride, SBC veterans who haven’t been riding for a while, and regulars.

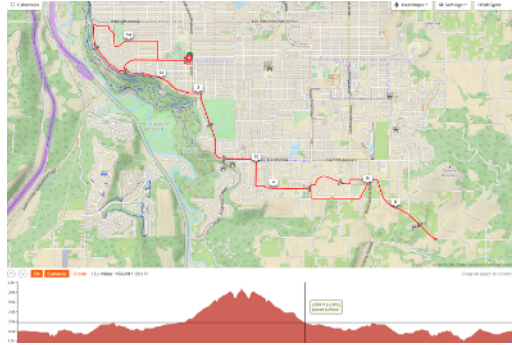
When: Saturday, May 11, 2024, 8:15 AM coffee gathering, ride starts at 9:30 (arrive 9:15)

Where: Gather for coffee (optional) at Thomas Hammer Coffee on South Grand. Ride starts at the parking lot located on the SW corner of South Grand and East 37th Ave. (Old Albertsons)

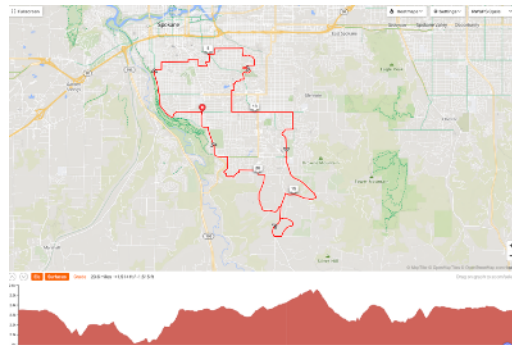
What: One event with three ride options. Each with a ride leader and sweep.

Please, if possible, register on the SBC Meetup site ([link](#)) so that we can communicate our expected head count or Thomas Hammer Coffee. (Choose your ride then register.)

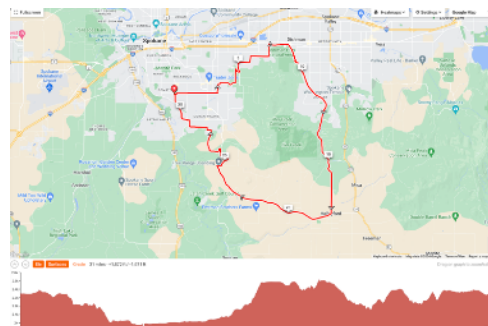
Ride Choices



1. Short: **15 miles, 549 feet** of elevation gain, **10-12 mph** pace on flat terrain (Leisurely). See separate meet up event for this group. Full Ride With GPS link on Meet up.



2. Medium: **23.6 miles, 1,500 feet** of elevation gain, **12-14 mph** pace on flat terrain (Steady). See separate meet up event for this group. Full Ride With GPS link on Meet up.



3. Long: **30.9 miles, 1,572 feet** of elevation gain, **16-18 mph** pace on flat terrain (Brisk). See separate meet up event for this group. Full Ride With GPS link on Meet up.

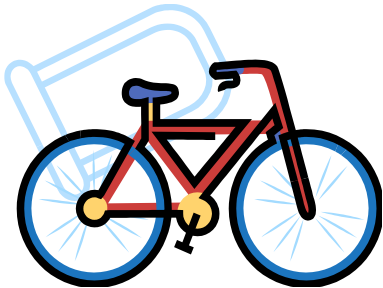
Photo Gallery of SBC Rides



March 14 - Team Thursday, Post Falls to Higgins Point



April 11 - Team Thursday, Finch Arboretum, Cheney 47 miles, 20% gravel



April 1 - Monday Out & Back



April 13 - Saturday Steady, Coeur d'Alene



April 3 - Wednesday Casual Riders, Finch Arboretum, Cheney, Fish Lake Trail, Columbia Plateau Trail

Cross-Washington ride update, 04/20/24

Garry Kehr, X-WA Tour committee chair



The X-WA SBC tour planning and sign-up are going well. We currently have 42 members registered and paid up for the tour. This is an interesting statistic as compared to the 2014 and 2015 Trans-Washington SBC tours. For both of those tours, we had about fifteen members register. Additionally, about fifteen COGS (Cyclists of Greater Seattle) joined the tour to make the overall numbers work.

Interestingly, that indicates that the Spokane Bicycle Club is more vital by a factor of 2.8 in 2024 than ten years earlier. Don't you think that this speaks to the viability and sustainability of the club? Kudos to the board and many volunteers that do the work of keeping the club active in the community and otherwise sustainable.

There is still room for a few more riders for X-WA 2024. ([Link](#)) We are limited primarily by lodging options but a few motel rooms are available. Camping sites are more plentiful.

Additional statistics:

- Total registrants: 42
- Male, 26
- Female, 16
- Charter Bus participants to date, 24
- Seattle participants: 5 (relatives of SBC members and friends of the club)
- Lodging preferences:
 - Motel - 21
 - Camping only - 13
 - Combination of the two - 8
- E-bike usage - 9



The tour event begins on June 17th at Kaiser Permanente on Sunset where about 26 of the 42 registrants will meet a charter bus for the short trip from Spokane to Monroe, WA. The official ride starts on Tuesday, June 18th with a 41 mile ride and 2,152 foot climb to historic Skykomish, WA from Monroe, WA.

If you would like to see who is going, go to [events](#) on the SBC website and click on “SBC Cross Washington Tour - 2024”. Then click on “Registered 42 registrants” to see the list.
[Link](#)

The X-WA tour committee (listed below) made it all happen. Several committee members took responsibility for finding lodging, camping and meal options in each of the five communities along the way. Additionally, some worked on Budgeting, Route Planning and Logistics Coordination. Tim Hunt did a thorough job of mapping the safe routes for each day in Ride with GPS. As many miles as possible are on county backroads with low traffic volumes. The remainder are on higher traffic volume roads but with wide shoulders. He also negotiated with Snohomish and Chelan counties for permit requirements for cycling groups. Russ Peters worked diligently on logistics planning for security, e-bike charging and distribution of luggage to three locations each day. Barry Giles is providing SAG support just as he did in 2014, 2015. I'm assisting with SAG backup, daily food stops and luggage distribution.

To see Tim's Ride with GPS routes in the SBC Ride with GPS library, click on the links below:

[Monroe to Skykomish](#), 41 miles.
[Skykomish to Leavenworth](#), 53.4 miles
[Leavenworth to Quincy](#), 61.7 miles
[Quincy to Coulee City](#), 52 miles
[Coulee City to Wilbur](#), 35.7 miles
[Wilbur to Spokane](#), 68.9
Total miles: 312.7
Daily Average: 52.11

It is SBC's objective to offer low cost / high value adventure tours as often as possible. These value offerings are made possible by the high level of volunteerism in the club, including the 12 X-WA volunteers listed below.

X-Washington Tour Committee: Lance Ferrin, Bill Gillis, Tim Hansen, Terry Harwood, Tim Hunt, Garry Kehr, Russ Peters, Charles Robeson, Mary Rosner, Jane Schelly, Kip Smith, Dave Sorg, Miki Stuebe

SAG Support: Barry Giles

Garry Kehr
garrykehr@gmail.com
509-990-1474

Government Affairs

News from **Washington State Dept of Transportation (WSDOT)**



Children of the Sun Trail

The Trail is now open Columbia to Carlisle. One of the Bike Everywhere rides will include this new portion of the Trail, as well as the protected bike lane on Illinois. An engineer from WSDOT will accompany us on the ride.

WSDOT is working with Gonzaga on native signage, native botanical plantings at Wild Horse Park. Planning is ongoing for the COS Trail south of the river. It will be on-grade from the Spokane River to Trent, with two signalized crossings of Greene Street. From Trent to Sprague, the Trail will be elevated, a choice forced on the City by the Union Pacific railroad, which refused to give approval for two crossings that would have been required for an on-grade route. At Sprague, there will be a ramp down to street-level, connecting to paths both east and west. The path to the west will connect along

Second Avenue to the Ben Burr Trail. The ramp down at Sprague will probably need to be a spiral, due to limited public right of way.

Still to come are decisions about placement of 3 bike/ped bridges over I-90. The east-most one may be relocated to line up better with business centers along Sprague. Public input will be sought regarding plazas and landscaping along the Trail. Note: when WSDOT must remove an established tree during construction, they are statutorily required to plant another.

WSDOT is paying for sidewalk, lighting, wayfinding on Pacific Ave, as recompense for removing the I-90 bike/ped bridge at Magnolia.

Land bridge over I-90. Funding has been provided for a 100% design of a land bridge over I-90, in the vicinity of Liberty Park. The contract will be awarded soon. It will take about 18 months to produce a final design. WSDOT may start searching for construction grants even before the final report comes in. Asked about the chance of the bridge being built, staff said '100%'. There is federal money available for 'reparative infrastructure' to mitigate damage to neighborhoods where freeways were constructed.

WSDOT has \$25.5 million to provide grants for Safe Routes to School programs. These are safety improvements within two miles of a school.

WSDOT active transportation division completed a [Vulnerable Road User Safety Assessment](#). Some highlights:

- When it comes to state highways, WSDOT was able to identify that most crashes happen within a mile of schools and transit stops – the places where many people, especially younger ones, expect to be on foot, and often where there aren't facilities for people to easily reach their destinations.
- Time of day matters. Drivers are more likely to kill or seriously injure people in the late afternoon and evening, especially during rush hour when more people are driving and crossing streets by bike or on foot. Crashes peak in the morning during rush hour as well.
- Older people are especially vulnerable: The age group experiencing the most deaths and serious injuries are those 65 and older, with people aged 30 to 34 the next most affected.

Spokane Bicycle Advisory Board News

The City has successfully applied for a grant from *Accelerated Mobility Playbook*, to get a year of help planning for implementation of protected bike lanes in the city. Advisors will work on coordinating agencies and communicating with the public. The help will be provided over the next year, starting this summer. The City provides a 15k match for the grant, with funds coming from the shared mobility fund (Lime bikes).

It's time to renew the City of Spokane's shared mobility contract. Three vendors have made proposal to the City. The scoring was close and reference checks are being done to decide which group to give the contract to. All the vendors claim to provide sidewalk detection capability, to discourage users from riding (illegally) on the sidewalk. The City wants to consult other cities to see how well the various applicants have implemented this technology. Also in the bid requirements: 150 bikes guaranteed in the bike/scooter mix. Sit-down scooters have become very popular in other cities, comprising 90% of the scooters in service. They are heavier than stand-up scooters, an issue when they need to be cleared from sidewalks.

To be constructed in 2024:

Hybrid beacons are going in on Division at 3 locations, also at Whitstalks/Randolph, Nevada/Cozza, Market/Columbia (across from Children of the Sun trailhead).

City **repaving projects** offer chances to make streets bike-friendlier. Coming up soon:

- Protected bike lanes on Lincoln from Post St Bridge to Maxwell. Design and right of way acquisition 2024, construction 2025
- On Maxwell, combination of protected bike lanes and standard ones, from Pettet to Maple.
- On Lincoln Rd, bike lane to Standard, close to Spokane County's bike lane project on Lincoln.
- Washington and Stevens will get bike lanes from First to Third. Later, the lanes may be extended further north, to mesh with protected bike lanes to be built on First and on Sprague.
- Delayed until 2025 are: resurfacing and adding /bike lanes on Spokane Falls/west of Hamilton; also Riverside Ave near the Maple St. Bridge.

Expo 74 activities



- *Temporary* buffered bike lanes, will be installed from Mallon/Howard to Dean. Some space on the road will be allocated to restaurant outdoor seating. Next to seating will be 8” flexible bollards and planters, then a 6 ft bike lane, 2 ½ foot buffer. Also, there will be marked crosswalk near Mallon/Howard. Planters and bollards can be put in the crosswalk to close the street to motor traffic on some weekends.
- Post St bridge will be open ceremonially the first weekend of May, but closed again until it's completely finished in June.
- Monroe St Bridge underpass is 'almost finished'. The City plans to have the Great Gorge Loop ready to enjoy by the time Expo 74 celebrations start in May.

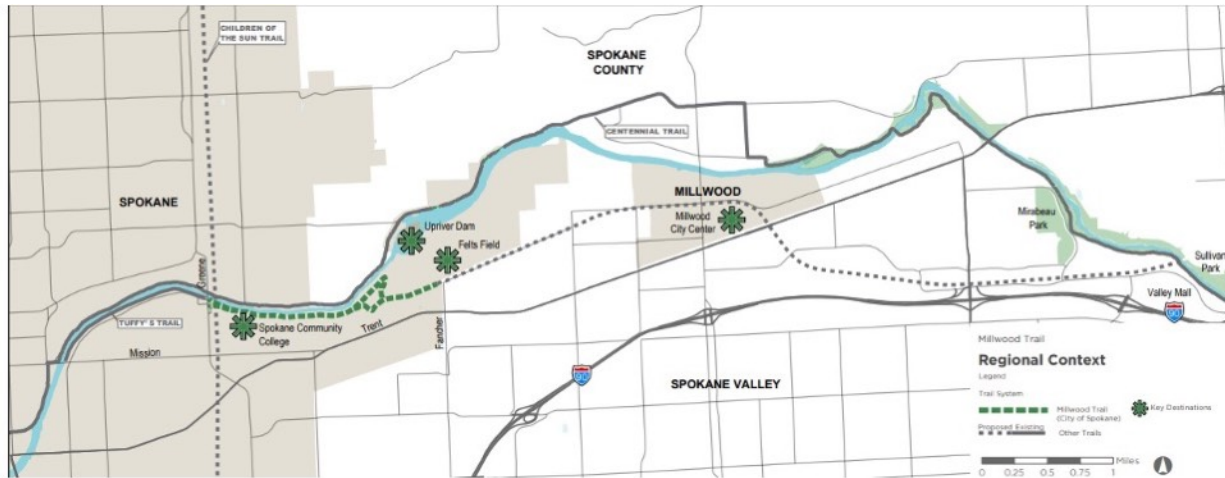
The east end of 29th from Martin to Fiske has been designated a pedestrian street, which means there is a higher standard of bike and ped amenities, as properties are redeveloped. The City is now applying for grant for bulbouts, crosswalks on 29th, and for bike lanes on the adjacent 27th Ave.

A *Safe Streets for All* grant will put protected bike lanes on First and on Sprague. Working off a \$9.6 million grant, the City expects to have its project list by Fall 2024 and construction 2025-27.

The BAB is asked to comment on proposed street vacations. One, in the alley from Post to Wall, 2nd to third has been requested. The group does not see this as a particularly useful alley, but is generally opposed to giving up right of way. The group agreed that it would be best if the City grants a 'revocable lease' option, 5-10 year duration, that would allow for recovering the alley access if needed in the future.

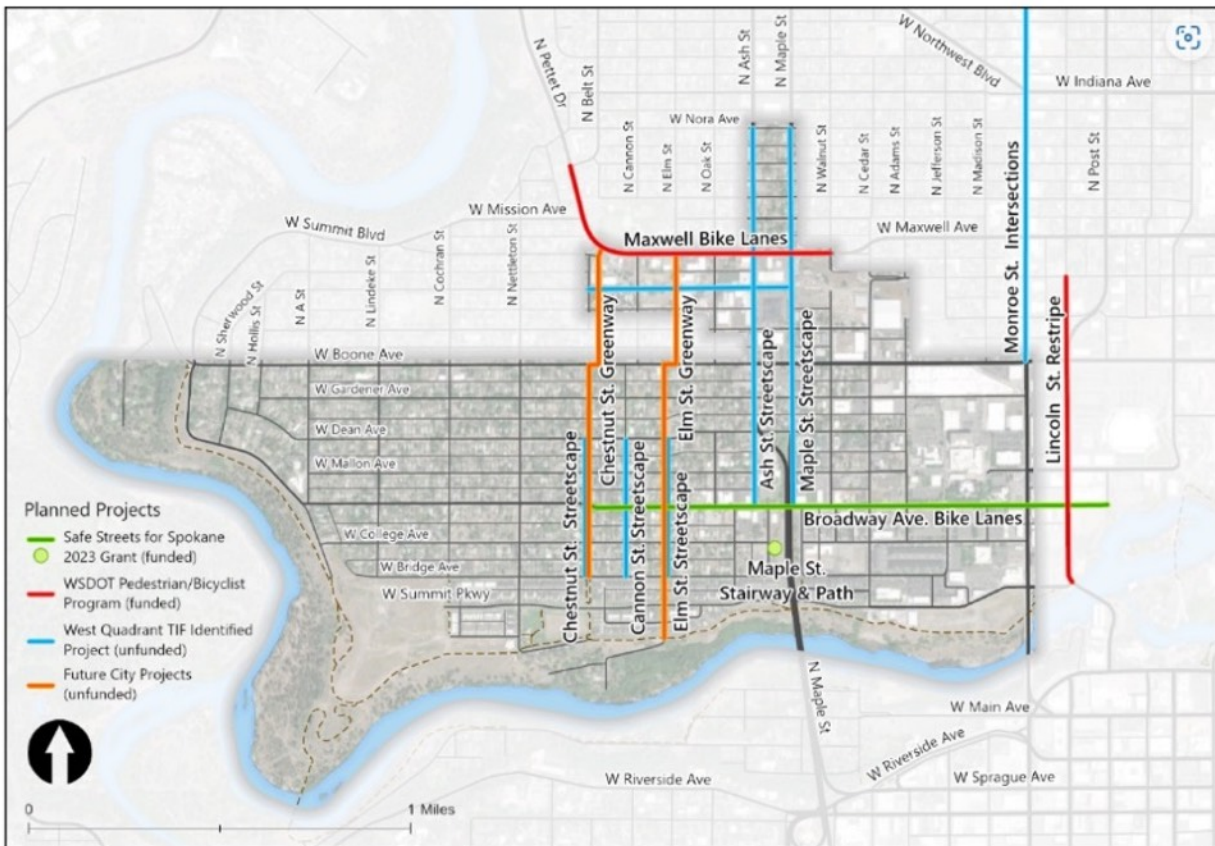
Tidbits from City of Spokane Transportation Improvement Program (TIP)

- **Fish Lake Connection to Sandifur Bridge**
Phase 1 – Milton (Fish Lake trailhead in Spokane) to 5th Ave, also to Thorpe. Design 24-25, build 26.
Phase 2 continues trail into High Bridge Park and A St – design 24-25, construction 26-27.
- NO funds found yet for filling in the pesky gap on the Fish Lake Trail, from Queen Lucas Lake to Fish Lake. This is another project made very costly by railroad requirements to build two bridges over RR crossings.



- Millwood Trail –[Millwood Trail: Planning Report \(spokanecity.org\)](https://spokanecity.org) Spur connection to Upriver Dam area, pretty public land, that doesn't get much attention. Design 2024-26, construction 26-27.

[West Central Infrastructure Project \(arcgis.com\)](https://arcgis.com) - Goal: Improve connectivity and safety for people walking, biking, and driving. There's a survey, closing May 5th, that asks people which projects they value most.



Pacific Greenway Developments. Funding has been secured for traffic lights, curb extensions, and wayfinding signs at Pacific/Browne and Pacific/Division, two streets with the largest number of bike/ped crashes. East Pacific, east of Sherman, has a major interruption. In that space there is a grade change, two lightly used ramps connecting with Sprague and Second, and the Hamilton Bridge. Together these interrupt Pacific St, which, to the east of this spot, is a good cycling street. The City hired a consultant to evaluate routes east to connect to Pacific and the Ben Burr trail. Solutions include possible bike lanes on N or S Sprague Way, side paths, ramps to handle change of grade, closure of N. Sprague Way to motorists, realigning Sprague Way as it intersects Sprague for better line of sight. The options are currently under study by the City.

Bike thefts reported by Spokane Police Dept were 605 in 2023, with 67 recovered. Highest concentration of theft is in the downtown area. Note that the City of Spokane offers [bike registration](#), so that retrieved stolen bikes can get back to their owners.

Bike Priority Network survey garnered more than 500 public responses. Next step in the process is to prune down all the roads mentioned to establish which should have funding priority. A workgroup will identify the best, based on low traffic, controlled intersections, good grade, fewest difficult crossings. Some examples of preferred roads: Rowan, Milton/Driscoll, Belt, Havana/Myrtle, Manito Blvd, Grand north of 29th.

First 14 miles of **Centennial Trail** are closed thru September. [Friends of the Centennial Trail | Users and supporters of the Spokane Centennial Trail](#) This involves the following trailheads: State Line, Harvard, Barker, Old Mission, Mirabeau, Island, Donkey Islands at Maringo.

Coeur d'Alene's Bike and Pedestrian Committee – latest meeting minutes are [here](#):



May Bike Everywhere is upon us and includes many events with participation by local government officials. If you can, **attend some of these**. We want to remind decision-makers that there are lots of cyclists in Spokane, and that we appreciate bike amenities.

5/13 – Pancake breakfast - City and regional planners there to discuss bike projects

5/17 – Energizer stations provided by City of Spokane (Riverfront Park, north entrance) and City of Spokane Valley (Appleway Trail and University)

5/17 – Ride with City of Spokane Mayor Lisa Brown

5/19 – Bike Tour led by Spokane historic preservation specialist

5/21 – Bicycle Advisory Board ride

– Sally Phillips



MAY IS BIKE EVERYWHERE SPOKANE!

May Bike Everywhere Events!

Join Spokane Bicycle Club on rides to farmers markets, art galleries, libraries, parks, natural areas, coffee shops. Bike EVERYWHERE!

- Wed 1, 1:00 pm | Woolgathering Ride
- Fri 3, 6:00 pm | First Friday Gallery Ride
- Sun 5, 7:30-2:00 pm | Bloomsday Bike Corral
- Tue 7, 6:00 pm | Latah Creek ride
- Wed 8, 6:00 pm | Perry Farmers Market Ride
- Sat 11, 8:15 am | Coffee + Choose Your Distance & Speed Ride
- Sun 12, 1:00 pm | Mother's Day Ride & Tea Party
- Mon 13, 7-9 am | Pancake Breakfast in Riverfront Park
- Tue 14, 6:00 pm | Southside Natural Areas Ride
- Wed 15, 6:00 pm | Ride of Silence
- Fri 17, 7-9 am | Bike to Workday energizer stations
- Fri 17, 12 pm | Ride with Elected Leaders
- Sun 19, 12 pm | Bike Tour of Historic Homes
- Mon 20, 6:00 pm | Spokane Bicycle Club meeting - all welcome
- Tue 21, 5:30 pm | Bicycle Advisory Board mobile meeting - all welcome
- Wed 22, 6:00 pm | Kendall Yards Night Market Ride
- Sat 25, 8:00 am | Roast House Coffee Shop Ride
- Sun 26, 1:00 pm | Lonely Picnic Bench Ride
- Tue 28, 6:00 pm | Children of the Sun Trail Ride
- Thurs 30, 5-7 pm | Wrap-up Party – pizza, treats, door prizes

2024 Board of Officers	
President	Terry Harwood
Vice President	Tim Hansen
Secretary	Blair Strong
Treasurer	Sally Phillips
Board of Directors	
Position 1	Garry Kehr
Position 2	Don Barden
Position 3	Bob Buck
Position 4	Russ Peters
Position 5	Dave Sorg
Past President	Tim Hunt
Ride Coordinators	
Monday Recurring	Don Barden
Tuesday Scenic	Jerry Etchison
Team Wednesday	Bob Buck
Team Thursday	Tim Hunt
Thursday Evening	Dave Sorg
Friday Women	Eileen Hyatt
Saturday Steady	Sally Phillips
Staff	
Ride Director	Garry Kehr
Newsletter Editor	Sharon Doak
Membership	Rick Peller
Web Manager	Serge Bulan

Please Support Our Sponsors

Platinum



